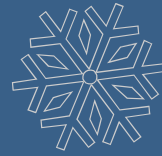


Trail and Castlegar CCRR Newsletter

Jan, Feb & March 2018



Caregiver Appreciation
We proudly
celebrated you!

Program Staff:

- **Sue McIntosh**-
Program coordinator
- **Kathy Morrish**- CCRR
Consultant
- **Lacey Hill**- CCRR
Consultant / FES
Strong Start Facilitator

What's NEW at the CCRR?



The CCRR wants to wish everyone a HAPPY NEW YEAR! The year 2018 was yet another successful year for us! We had many great workshops and networking nights. From Geri-Lyn's "How Domestic Violence Affects the Early Years", Sean Larsen and his "Digital Parenting", as well as our latest "Positive Risky Play" ALL of our workshops were well received and well attended.

During 2018, there were many changes that happened within the early year's community working towards a more affordable, universal child care plan. We

wanted to thank all the care providers for all their dedication to continually grow and learn, being flexible and working together to provide quality affordable child care! We are excited what the future of child care has in store!

The year 2019 is looking full already! We have partnered with a few amazing community service providers to bring an abundance of great workshops, first-aid courses and networking opportunities. Check out the rest of the Newsletters for more information. All the best in 2019!

Office Hours:

Monday-Thursday
9:00am to 5:00 pm
(Closed for lunch
from 12-1pm)

How To Contact Us:

Address: 2079 Columbia Ave
Trail, BC V1R 1K7

Phone: (250)-364-2980 or
1-800-223-8966

Email: SMcIntosh@trailfair.ca

Websites:

www.childcarechoices.ca
www.trailfair.ca

What's INSIDE?

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Page 6- Creative Fun Stuff to do with Klds



A program of F.A.I.R. and funded
by the province of BC.



PROFESSIONAL DEVELOPMENT

You must Pre-Register for all workshops though the CCRR unless otherwise stated. If there is a fee, the fee must be paid at the time of registration in order to be considered registered. *THANK YOU!*

Phone 250-364-2980 or 1-800-223-8966 or Email us @ SMcIntosh@trailfair.ca

Date	Time	Title	Location	Fee
Jan.31th	6:30-8:30	Caregiver Networking Dinner (RSVP by Jan.23 th)	F.A.I.R. Building	Free
Jan.26th	9:00-3:00	Parents First-Aid (50% off for parents with children 0-5 years)	F.A.I.R. Building	\$100.00 Now \$50.00
Feb.09th	9:00-12:00	Loose Parts (RSVP by Jan.28 th)Breakfast included	F.A.I.R. Building	Members \$10 Non-members \$20
Feb.21st	6:30-8:30	Navigating Icy Waters Dealing with Difficult Conversations (RSVP by Feb.14 th) Dinner included	F.A.I.R. Building	Members \$10 Non-Members \$20
Feb.23rd	9:00-1:00	Sleep and Picky Eaters (Free Childcare and Breakfast/ RSVP by Feb.11th)	United Church	\$10/Subsidy Available
Mar.09th	9:00-12:00	Anxiety in Children (Free Childcare and Breakfast/ RSVP by Feb.25th)	United Church	\$10/ Subsidy Available
Mar.23rd	9:00-3:00	Emergency Child Care FirstAid	F.A.I.R. Building	\$100.00

Our Felting Workshop was an absolute success! We wanted to thank "Sarah Elizabeth Fiber Works " for the amazing experience! It was a fun night filled with beautiful fibers, an excellent teacher and a well-deserved, GORGEOUS final product. Great job everyone!



**Tell me and I forget
Teach me and I remember
Involve me and I learn**
Benjamin Franklin

Positive Risky Play Workshop

On Saturday, November 24th the Trail and Castlegar CCRR partnered with the Nelson CCRR, and offered our Positive Risky Play Workshop. With over 45 attendees, the workshop was well worth the anticipation! Presenter Paxton Bruce, was not only a wealth of knowledge when illustrating the benefits of risky play, but had plenty of research to back it up. Paxton was the Research Coordinator at the Center for Child Well Being at Mount Royal University and currently is an Infant Development Consultant. The workshop was engaging, inspiring and everyone left feeling empowered to encourage positive risky play within their own centers.

"Normally I don't like coming to workshops on Saturday, but Paxton made it MORE than worthwhile. Absolutely awesome!"



Presenter Paxton
Bruce

What is the BC Early Learning Framework?

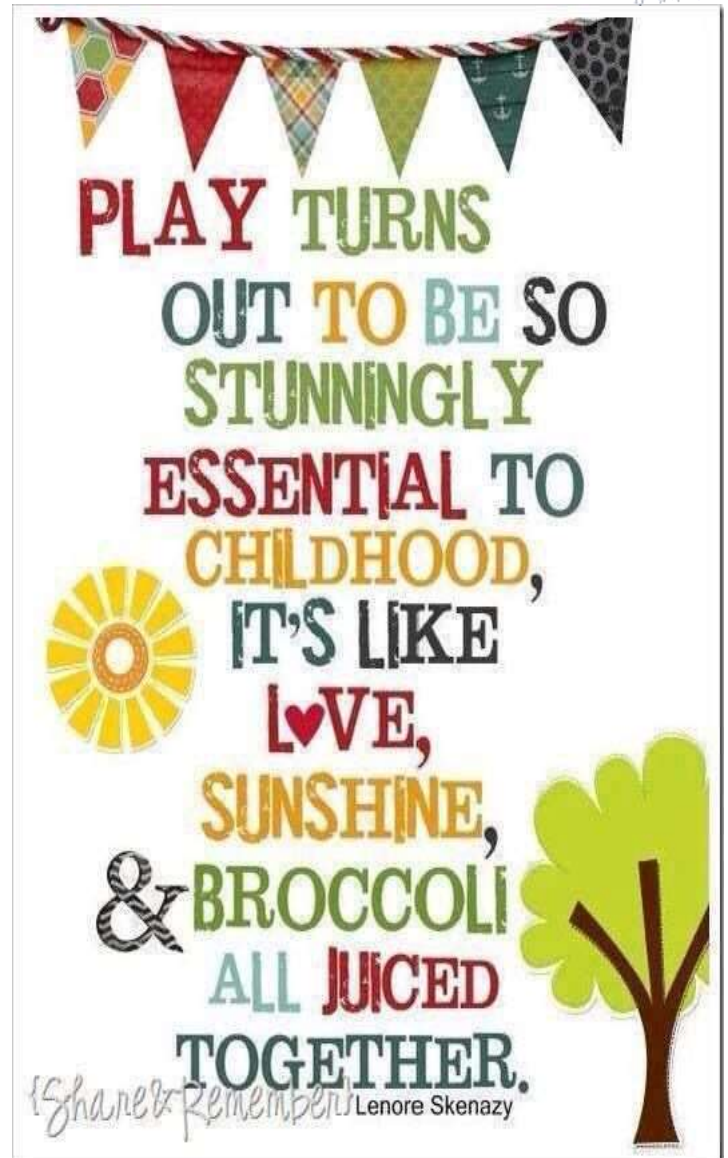
The Framework applies to all learning environments, from StrongStart BC programs to **child care settings**, pre-schools and other early childhood development or child health programs. It also: Supports dialogue and reflection on the importance of the development and learning of young children.

[Early Learning Framework - Province of British Columbia](https://www2.gov.bc.ca/gov/content/education.../early-learning/.../early-learning-framew...)
<https://www2.gov.bc.ca/gov/content/education.../early-learning/.../early-learning-framew...>

BC Child Care Maintenance Fund is closed for this fiscal year (until March 31, 2019). They are unable to process any applications that were received after September 12, 2018. It will reopen again April 1, 2019. The following statements can be found on the fund website (link below):

While the ministry significantly increased the budget for the new Childcare BC Maintenance Fund in 2018/19, the fund is now fully subscribed and applications received after September 12, 2018 will not be processed.

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for->



COMMUNITY PROGRAMMING

Date	Time	Title	Location	Fee
On-Going	Drop-In/ Time May Vary	<u>STRONG START</u> Fruitvale with Lacey Hill Rossland with Jamie Santano Blueberry Creek with Loreen Amonson Robson with Sharon Nazaroff	FES Room 122 RSS Room Blueberry Room Robson room	FREE
January 14th- March. 14th	Times Vary. Please call to find a program and time for you!	<u>Trail and District Public Library</u> Programs run Monday-Thursday Register in person or go to www.traillibrary.com	At the NEW Riverfront Centre	FREE
Thursdays Jan. 17th- Mar. 14th	10:00-11:00	<u>Drop-In Playgroup</u> With Donna Tremblay and Kathy Morrish	Library Riverview Centre	FREE
On-Going	Times Vary. Please call to find a program and time for you!	<u>Castlegar and District Public Library</u> Programs Run Tuesday-Thursday Register in person or go to https://castlegar.bc.libraries.coop/for-you/kids/	1005 3rd Ave Castlegar, BC	FREE
Wednesdays Jan. 16th- Mar. 7th	10:00-11:00	<u>Beaver Valley Public Library</u> Mother Goose	1847 1st st Fruitvale, BC	FREE
Monday's Jan. 31st - Ongoing	10:00-11:30	<u>Muffins and Munchkins</u> Drop-In Parent/Child group	Presbyterian Church, Trail, BC	FREE
Thursdays Jan. 24th - Feb. 28th	5:00-7:00	<u>Nobody's Perfect Parenting Classes</u> Childcare and Dinner Included (6 Week Group)	FAIR Building	FREE Contact Kristine or Stephanie 250-364-2326
Dates to be determined	Time to be determined	<u>Circle of Security Parenting Classes</u> (8 Week Group)	FAIR Building	FREE Contact Kristine or Wendy 250-364-2326
Mondays Jan. 14th - Mar. 11th	10:00-11:30	<u>CBAL</u> <u>Columbia Basin Alliance for Literacy</u> Love 2 Learn		MUST REGISTER Call 250- 368-6770 Or Email Trailcoordinator@cbal.org
Wednesdays Jan. 16th - Mar. 13th	11:30-12:30	<u>CBAL</u> <u>Columbia Basin Alliance for Literacy</u> Kindergym	Cominco Arena Gym	FREE DROP-IN

Funding
Ends March
2019



NEW! Up to \$250 in funding available
per child, per calendar year.

Find out more & apply at www.wkearlyyears.ca

Families with a gross yearly income of less than \$42,000 are eligible to apply

ALPHABET SOUP Community Luncheon

Join the "Early Years Community Table" on Thursday, February 7th from 11:30-1:30 for a **FREE** hot lunch for Parents and young children. Come together as a community, eat good food and share good times.

Success By 6
Helping all children succeed for life.

These professional early years' educators have over 20 years in the childcare field. We are honored to acknowledge them!



NOW OPEN

KIDS CARE CENTRE

We are happy to announce that Kids Care Centre offers before and after school care!

Contact Dana McLeod @
250-231-6173

Kidding Around Yoga Teacher Training

The Nadi Tree will be offering Kidding Around Yoga Training.

Learn how to teach yoga, mindfulness and meditation to kids in schools, at home, and within your early years setting in one fun-filled weekend! You do not have to be a yoga teacher or even have a yoga background at all. This training is for yoga practitioners, parents and early learning professionals who want to further their knowledge and develop the skills to have as their own.

There are many big DISCOUNTS available on their website, so check it out!
<https://kiddingaroundyoga.com/trainings/trail-bc-training/>
Or for more information call Andrea @ The Nadi Tree 250-614-8902

NEWS AND UPDATES IN OUR EARLY LEARNING COMMUNITIES

Find more Learning and Professional Development Opportunities by checking the Early Years Professional Development Portal

The Early Years Professional Development web portal is a pilot project developed by BCcampus on behalf of the British Columbia Office for The Early Years. This pilot project aims to support the B.C. Early Years Strategy to promote quality, by hosting, developing and evaluating a professional development pilot website for the B.C. early years sector.

Goals



To support training, providers in the promotion of professional development opportunities for adult learners in the early years sector. To increase access to, and engagement with, professional development opportunities and resources for adult learners in the early years sector.

For more information visit BCcampus Or contact us at earlyyears@bccampus.ca

“NEW”

Child Care Support Program

As part of the Child Care Support Program, Columbia Basin Trust has partnered with Kootenay Kids Society to provide advisory services to registered child care providers in the Basin. These advisory services will support, enhance and increase quality licensed child care spaces.

- Supporting awareness of grant funding opportunities
- Assisting with grant application processes through training and individualized support
- Identifying and supporting solutions to common business and operational challenges
- Providing capital project guidance and support to individuals and organizations who wish to create new licensed child care services or enhance existing services.

To access these services, please email childcareadvisor@cbt.org or call Kootenay Kids Society toll-free at 1-866-551-KIDS.



DID YOU KNOW?

The Trail F.A.I.R. Society is a **Check Early, Check Often** Distribution Centre.

Checking your child's development early and often is a routine part of raising children

Call to book an appointment
250.364.2326



Start-Up Grants

For the Creation of Licensed Family and In-Home Multi-Age Child Care

The Province is seeking applications from eligible individuals interested in creating new licensed Family and In-Home Multi-Age Child Care spaces in B.C. communities.

As of June 20, 2018, one-time Start-Up Grants have been made available to help eligible unlicensed child care providers – whether Registered Licence-Not-Required (RLNR) or Licence-Not-Required (LNR) – to become licensed child care facilities under the Community Care and Assisted Living Act. Start-up grants will be subject to availability of dollars within the budget, set at \$750,000 per year over the next three years.

Link to more information about Start-up Grants:

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/running-daycare-preschool/start-up-grants>

CREATIVE, FUN STUFF TO DO WITH KIDS



BLEEDING TISSUE PAPER SNOWFLAKE

- 1) Use a permanent marker, or pen, and draw a snowflake
- 2) Cover the snowflake in tissue paper
- 3) Spray the tissue paper with water using a squirt bottle
- 4) Remove the tissue paper and let dry

The Mitten Chant

Here is a mitten (hold up one hand)
A snug, fuzzy one- (rub hands together)
With a place for my fingers (wiggle all 4 fingers)
And a place for my thumb (wiggle thumb)

Here are two mittens (hold up both hands)
A colorful sight (move hand left to right)
One for my left (hold up left hand)
And one for my right (hold up right hand)

Here are our mittens (hold up both hands)
As soft as can be (rub back of hands)
A warm pair for you (point to neighbor)
And a warm pair for me (point to yourself)



Scientists have recently determined that it takes approximately 400 repetitions to create a new synapse in the brain - unless it is done with play, in which case, it takes between 10 - 20 repetitions.

DR. KARYN PURVIS

