

NOVEMBER 19, 2020 6:30-8:30PM THROUGH ZOOM

SUPPORTING CHILDREN'S DEVELOPMENT IN A DIGITAL AGE WITH SEAN LARSEN

Never in human history has information and stimulation been more available than it is now. Over the last two decades the use and reliance on smart phones, tablets, gaming, texting, social media on other forms of digital interaction have flooded almost all human groups across the globe. The world our children live in shapes how their brains and bodies develop. Understanding the impact of digital media on the brain of child can be essential in helping children to learn to interact healthily with digital media. Meltdowns, boredom, digital sexuality, sleep, and mood will be a few of the topics covered in this workshop in relation to digital media use. Join me in a discussion of digital media and how we can use it as a tool to help children's mental and emotional development while avoiding the pitfalls parents and educators face.



Sean Larsen is a childhood development specialist and subject matter expert in children's mental health and development. With well over decade of experience in therapeutic intervention for children and families, Sean has worked in a variety of settings from in-patient mental health, to youth custody and more recently outpatient public mental health. Sean is a PhD Candidate who has spoken nationally on Anxiety, Childhood Trauma, Difficult Behaviours in Childhood, and Digital Parenting. Sean and his family live in Rossland and spend as much time as they can outside in the mountains.



Register with your local CCRR:

West Kootenay; 250- 352-0407/samanthaz@kootenaykids.ca

Trail and Castlegar- 250-364-2980/ SMcIntosh@trailfair.ca.

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