



Pregnancy Outreach Program

APRIL 2025

MONTHLY NEWSLETTER



Dear Pregnancy Outreach Program participants,

We are excited to have some fun programming happening this month! We have two great guests attending: Public Health Nurse, Meghan, to answer health-related questions, and Crystal from COINS to do some drumming. POP participants also have access to four free swim lessons through the FAIR Early Years Program (spots limited - register ASAP)! Lastly, on April 25th, we will be attending the Community Connect Fair at the old Zellers building at the mall. We would love to see you there!

Danielle LaRocque
Pregnancy Outreach Coordinator
Trail FAIR Society

Building Beautiful Babies Pregnancy Outreach Program

A program that provides supports, supplies, information, and resources for pregnant individuals and families with babies up to 12 months (siblings welcome)



Are you expecting?
Are you a new parent?

Join us for BBB group every Thursday 10:00am - 12:00pm, at the FAIR Family Center. Great conversations, snacks, tea & coffee are provided. For those unable to attend group, contact Danielle to access 1:1 supports and our monthly newsletter.

Location

FAIR Family Center
Trail United Church
1300 Pine Ave Trail



April

3rd- Our Public Health Nurse, Meghan, will be attending group this week!

10th- Group will be closed due to Staff Professional Development.

17th- Join us for drumming with Crystal from COINS!

25th- NOTE DATE CHANGE TO FRIDAY Building Beautiful Babies will be attending the Community Connect Fair on Friday, April 25th from 11am-2pm at the old Zellers building in the mall. We would love to see you there!

Pregnancy Outreach Coordinator

Danielle LaRocque
Trail FAIR Society
POP@trailfair.ca

call, text, leave a msg 250-231-0383

Caregiver & Baby

Swim Lessons



Funded
by Trail
FAIR
Society

**Spaces are limited -
Contact us to learn
more!**

**Early Years Program
Trail FAIR Society**
SStreleoff@trailfair.ca

✔ **Location:** Trail Aquatic & Leisure Centre

✔ **Dates/Time:** April 16, April 23, April 30 and May 7; 11AM-12PM

✔ **Details:** Covers the cost of all four swim lessons for one caregiver and one infant (age 0-18 months); swim diapers provided

